

## Compass Therapy Support Community. Social Impact Model

*Compass Therapy Centre, Mission is to build an inclusive and caring community where people living with neurological conditions can access beneficial therapies and services that are tailored to support their wellbeing and improve their quality of life.*

Client Group	Activities & Resources	OUTCOMES		IIMPACT
		Short Term	Long Term	
People living with long term neurological conditions, their families, and carers	<ul style="list-style-type: none"> <li>Specialist Neuro Physiotherapy</li> </ul>	Feel more valued	Able to source and access the support required	Able to live a more independent life
<b>Need</b>	<ul style="list-style-type: none"> <li>Specialist Neuro Rehabilitation and equipment</li> </ul>	Better able to express their feelings and concerns	Aware of the range of support and care options	Improved health and wellbeing (physical and emotional)
<ul style="list-style-type: none"> <li>Lack awareness about and who and where to access support</li> </ul>				
<ul style="list-style-type: none"> <li>Unable to communicate / express their needs fully</li> </ul>	<ul style="list-style-type: none"> <li>Oxygen Therapy Treatment</li> </ul>	Better understanding on how to access support	Fewer crisis interventions	A greater sense of community
<ul style="list-style-type: none"> <li>Lack of confidence in asking and seeking support</li> </ul>	<ul style="list-style-type: none"> <li>Complementary Therapies</li> </ul>	Better able to make informed choices	Feel confident to live a more independent life	Continuity of care – life journey support
<ul style="list-style-type: none"> <li>Feelings of isolation and loneliness</li> </ul>	<ul style="list-style-type: none"> <li>Adapted Exercise classes</li> </ul>	Increased feeling of self-confidence and esteem	Feel less isolated and feel part of a community	Reduced demand on NHS/Statutory services
<ul style="list-style-type: none"> <li>No continuity of support in meeting the changing and progressive nature of their condition</li> </ul>	<ul style="list-style-type: none"> <li>Wellbeing information and advice, and specialist external referral routes</li> </ul>	Feel better connected to the community	Reduce the pressure on families/carers	Family and carers feel better able to cope
<ul style="list-style-type: none"> <li>A lack of coordination between services and professionals.</li> </ul>	<ul style="list-style-type: none"> <li>Mobility assessments, FES, and specialist services</li> </ul>	Increased feelings of well being	Affordable and accessible choice of therapies	Improved sense of self

### Assumptions- why we need to deliver these services.

Neurological conditions affect the brain, spine, and nerves. Symptoms include difficulty with walking, balance, coordination; muscle weakness; fatigue; bladder/bowel dysfunction, and poor mental health.

1 in 6 people in the UK live with a neurological condition, and there simply aren't the services to provide the support they need (Neurological Alliance 2022). There are clear links between long term conditions, deprivation, and the determinants of health which can severely restricting a person's ability to access support and services.

### External Factors – influences and Risks

Influences on improving practice, service delivery and outcomes.

- General standards for neurological care and support (2019)
- Neurological care and support: framework for action 2020-2025
- Rehabilitation and recovery: a person-centred approach (2022)

Risks.

Staffing retention and CPD, resources, availability of wider community support services in statutory and third sector organisations: signposting and referrals and economic climate.