

## Join our Board: Trustees Required

Compass is a hub for therapy and advice to support the wellbeing of those with neurological conditions in Edinburgh and the Lothians. We are a place for friendship and sharing. A lifeline for many, we offer continuous support through various services, whenever it is needed, over a person's lifetime if necessary.

We support people with neurological conditions such as Multiple Sclerosis, ME / Chronic Fatigue, Parkinson's, Fibromyalgia, Stroke, traumatic brain injury and chronic migraines; empowering people to manage their symptoms, such as mobility, insomnia, fatigue, brain fog and pain.

After 38 years as the Multiple Sclerosis Therapy Centre Lothian, we have recently rebranded to Compass: Therapy, Support, Community. Over the last 10 years we witnessed a continuous growth in demand from people living with other neurological conditions than MS, therefore it seemed a natural step to widen access beyond MS and support this wider group. Our new name better reflects this change. This is an exciting time for the charity as we launch our new ambitious vision for the future to increase our existing services and develop new ones that contribute to our purpose.

Do you have the passion and expertise to help us achieve our goals?

We are recruiting two new trustees to join our well-established and committed board. You will play an integral role in helping the charity to achieve its vision while providing guidance, support, and constructive challenge. You will help make a lasting difference and support our clients to live the best lives they can.

While we will consider every application on its own merit, we would especially love to hear from you if you have experience in the health and social care sector and/or business and marketing. We welcome applications from all sections of society.

Application notes

For an informal chat, please contact Charlotte Encombe, Chairperson, [chair@wearecompass.org.uk](mailto:chair@wearecompass.org.uk)

For further details please visit our website: [www.wearecompass.org.uk](http://www.wearecompass.org.uk)